

Resources for GLBTQ Youth



INTRODUCTION

This bibliography is designed to assist gay, lesbian, bisexual, transgender, and questioning youth in finding answers, support, and information regarding their sexuality and HIV/AIDS. This resource also provides information to family, teachers, and friends of GLBTQ youth. Renee Whitmeyer compiled the bibliography for the Columbus AIDS Task Force Resource Library in October 2003. Renee was an intern at CATF while completing her undergraduate degree in Health Promotion from Bowling Green State University. A grant from the National Library of Medicine provides funding for the Resource Library bibliographies. Items marked with an “**RL**” can be found in the Resource Library at the Columbus AIDS Task Force.



WEBSITES

<http://www.adolescentaids.org>

Website from the Children’s hospital at Montefiore entitled, “Adolescent AIDS Program.” containing news and information about health, testing sites, healthcare resources, and youth services. Retrieved December 7, 2004.

<http://www.gayworld.com/youthresource>

Website created by and for gay, lesbian, bisexual, transgender, and questioning (GLBTQ) youth ages 13 to 24, takes a holistic approach to sexual health by offering support, community, resources, and peer-to-peer education about issues of concern to GLBTQ young people. It has four focus areas: health, advocacy, community, and issues in our lives. Retrieved September 4, 2003

<http://www.glaad.org>

Gay and Lesbian Alliance Against Defamation promotes fair, accurate, and inclusive representation of individuals and events in all media as a means of eliminating homophobia and discrimination based on gender identity and sexual orientation. Site includes publications and resources. Retrieved September 15, 2003.

<http://www.glma.org/pub/jglma/index.html>

Website of the Journal of Gay and Lesbian Medical Association. *JGLMA* is the world's first peer-reviewed, multi-disciplinary journal dedicated to lesbian, gay, bisexual, and transgender health. Provides publications, medical information, and programs. Retrieved October 2, 2003.

<http://www.lambda.org>

LAMBDA is a non-profit, gay / lesbian / bisexual / transgender agency dedicated to reducing homophobia, inequality, hate crimes, and discrimination by encouraging self-acceptance,

cooperation, and non-violence. Includes youth outreach section with resources. Retrieved September 10, 2003.

<http://www.outproud.org>

The National Coalition for Gay, Lesbian, Bisexual, and Transgender Youth website, featuring youth coming out stories, community role models, resource library, surveys and results, resources for transgender youth, access to correspond with other youth, a link to the online magazine Oasis, and frequently asked questions and answers. Retrieved August 27, 2003.

<http://www.positive.org/JustSayYes>

Website funded by the Coalition for Positive Sexuality. Promotes positive views to sexuality-gay, straight, bisexual, or whatever you prefer. Also, promotes respect for one another. Provides resources and links. Retrieved September 15, 2003.

<http://www.safeschoolscoalition.org>

A public-private partnership in support of gay, lesbian, bisexual and transgender youth. The Safe Schools Coalition offers resources as a starting point for educators, parents/guardians and youth. The mission is to help schools become safe places where every family can belong, where every educator can teach, and where every child can learn, regardless of gender identity or sexual orientation. Retrieved September 5, 2003.

<http://www.smartersex.org>

BACCHUS and GAMMA created SmarterSex.org, an exciting and one-of-a-kind sexual health web site for college students. Our hope is that this will encourage not only students, but also educators and parents, to discuss and learn from each other about smart sex. Retrieved September 3, 2003

<http://www.whatudo.org>

The faculty and staff of The Center developed this site for HIV Information. The goal is to provide straightforward, unbiased, nonjudgmental, accurate, and timely information about HIV/AIDS to young people who are searching for answers on the Web. Retrieved September 4, 2003

<http://www.youthhiv.org>

Website for HIV positive youth containing various links to health, community, resources, how to get involved, peer support, and message boards. Retrieved August 28, 2003.

<http://www.youthresource.com>

A section of the Advocates for Youth website focusing on information about sexual health, Gay, Lesbian, Bisexual, Transgender, and Questioning Youth advocacy, issues in the media, and HIV prevention. Retrieved August 28, 2003.



BOOKS

Atkins, D. (1998). *Looking Queer: Body Image and Identity in Lesbian, Bisexual, Gay, and Transgender Communities* Harrington Park Press.

Contains research, first hand accounts, poetry, theory, journalistic essays that address and outline the special needs of sexual minorities when dealing with eating disorders and appearance obsession.

Bass, E. & Kaufman, K., (1996). *Free Your Mind: The Book for Gay, Lesbian, Bisexual Youth and Their Allies*. New York, NY: Harpertrade.

Covers the basic aspects of the lives of gay, lesbian, and bisexual youth: self-discovery, friends and lovers, family, school, spirituality, and community.

Bauer, M.D., Ed. (1994). *Am I Blue? Coming Out of Silence*. New York, NY: Harper Collins.

Honestly portrays its subject and theme--growing up gay or lesbian, or with gay or lesbian parents or friends.

Blake, J. (1990). *Risky Times: How to be AIDS- Smart and Stay Healthy*. New York, NY: Workman Publishing. **RL**

Risky Times profiles 15 young people living with HIV. Offers celebrity quotes on: denial, decision-making, the link between drugs/alcohol and risky behavior, treatments and vaccines, living with HIV and discrimination.

Borhek, M. (1993). *Coming Out to Parents*. Cleveland, OH: Pilgrim Press.

Explores the fears and misgivings accompanying the revelation of themselves to their parents, providing suggestions on how and when to come out, what reactions to expect, and how to deal with the awkwardness that follows. For parents, the book guides them through the natural feelings of grief and loss and shows how understanding, compassion, and insight can lead to an even deeper love between the parent and the finally whole child.

Bull, D. (1998). *Cool and Celibate: Sex or No Sex*. Boston, MA: Element Children's Books. **RL**

Cool and Celibate addresses the issues in and surrounding the choice to become sexually active as a teen and young adult. It is particularly appropriate for younger teens. The author makes his points without passing judgement. He provides tools and guidelines for making ones own decisions. It is worth a parent's time to read this book as well, in order to better discuss the subject with your children.

Flynn, T., and Lound, K. (1995). *AIDS: Examining the Crisis*. Minneapolis, MN: Lerner Publications Company. **RL**

Explains how HIV is transmitted, how AIDS affects the body, and the medical treatments available. It does not go into great detail but gives the facts in a straight forward manner so that young readers can understand the political, educational, and health issues that surround AIDS and HIV. It discusses safer sex, stressing the use of condoms.

Ford, M. T. (1992). *100 Questions and Answers About AIDS: A Guide For Young People*. New Discovery.

This book offers concise, very candid explanations of the symptoms and progression of AIDS, modes of transmitting the HIV virus, testing, and treating the disease. Affecting, eye-opening interviews with four young people infected with HIV.

Futterman, D. & Ryan, C. (1998). *Lesbian & Gay Youth: Counseling & Caring*. New York, NY: Columbia University Press.

This resource integrates the psychological and physical treatment issues of lesbian and gay youth. A valuable contribution to professionals' understanding, it also is appropriate for educators, administrators, advocates, and parents. A comprehensive guide to mental and physical health care for gay youth.

Hein, K., and DiGeronimo, T.F. (1991). *AIDS: Trading Fears for Facts*. Yonkers, NY: Consumer Report Books. **RL**

A useful book for teenagers to learn about AIDS. It is a non-threatening book, written in a straight forward manner covering the facts about AIDS, AIDS and sex, AIDS and drugs, testing, after the test, treatment, and AIDS in the future. It includes some hotline numbers and help for runaway and homeless teens.

Kelly, P. (1998). *Coping When You or a Friend is HIV-Positive*. New York, NY: The Rosen Publishing Group, Inc. **RL**

The teen population has been hard hit by the HIV epidemic. Statistically it is probable that students in your class will be infected. This book, the first of its kind, provides compassionate counsel for those teens who have been diagnosed with the virus.

Lucas, I. (1996). *Growing Up Positive: Stories from a Generation of Young People Affected by AIDS*. London. Cassell Academic.

This is a collection of stories about the real experiences of young people and their families, and how they have grown up having to face the realities of AIDS. The stories - from places including Uganda, South Africa, Birmingham, Edrinburgh and London - reflect the many issues affecting today's young people: drug use, prison, suicide, running away from home, coming to terms with sexuality, physical abuse, and seeking political asylum.

Luna, G.C. (1997). *Youths Living With HIV: Self-Evident Truths*. Binghamton, NY: Harrington Park Press.

A collection of documented interviews from youths living with HIV during 1992 and 1993. The individuals who were interviewed were male and female youths between the ages of nineteen and twenty-five; self-identified as bisexual, gay, heterosexual, or transgendered; all racial groups; both urban and suburban; most had high school diplomas or equivalency; and many were pursuing higher education.

Mallon, G.P. (1998). *We Don't Exactly Get the Welcome Wagon: The Experiences of Gay and Lesbian Adolescents in the Child Welfare System*. New York, NY: Columbia University Press.

Varied experiences of fifty-four lesbian/gay adolescents in out-of-home child welfare systems in both the U.S. and Canada. Their experiences help the reader to begin to understand the discrepancies between the

myths and misinformation about gay and lesbian adolescents and their realities in the out-of-home child welfare systems in which they live.

Marcus, E. (1999). *Is It a Choice? Answers to 300 of the Most Frequently Asked Questions About Gays and Lesbians*. San Francisco, CA: Harper San Francisco.

Covers a variety of topics dealing with homosexuality and its historical and societal ramifications. Answers to hundreds of the most commonly asked questions about homosexuality.

Remafedi, G. (1994). *Death by Denial: Studies of Suicide in Gay and Lesbian Teenagers*. Boston, MA: Alyson Publications.

This serious review identifies suicide risk factors and important research on homosexuality, sexuality education in schools, anti-gay violence against young people, and family pressures to be heterosexual.

Rench, J. (1990). *Understanding Sexual Identity: A Book for Gay and Lesbian Teens*. Minneapolis, MN: Lerner Publishing.

This is a simple, compassionate, and factual starting point for gay teens and the people who care about them. It discusses homosexuality and religious beliefs, offers some considerations and guidelines for "coming out," and outlines some crucial factors gay youths need to consider before becoming sexually active. A bibliography and a helpful list of national support groups are included.

Sanders, P., and Myers, S. (1997). *What Do You Know About AIDS*. Brookfield, CT: Copper Beech Books. **RL**

This book explains what AIDS, is, how it is transmitted, and the effects the disease can have on people's lives. Each chapter introduces a different aspect of the subject. The characters in the story have to deal with situations that many people may experience.

Singer, B.L., Ed. (1993). *Growing Up Gay: A Literary Anthology*. New York, NY: The New Press.

The first literary anthology geared specifically to gay and lesbian youth. It includes more than fifty coming-of-age stories by established writers and teenagers.



JOURNAL ARTICLES

Anderson, A.L. (1998). Strengths of a Gay Male Youth: An Untold Story. *Child and Adolescent Social Work Journal*. 15(1): 55-71

This exploratory study found that gay male youths develop strengths that enable them to successfully cope with the challenges and stresses associated with their overall development.

Beeker, C., Kraft, J.M., Peterson, J.L., and Stokes, J.P. (1998). Influences on Sexual Risk Behaviors in Young African-American Men Who Have Sex with Men. *Journal of the Gay and Lesbian Medical Association*. 2(2): 59-67. **RL**

The purpose of this study is to describe individual, situational, and community influences on sexual risk taking in young African-American men who have sex with men (MSM). Study participants' answers to broad questions about sexual behavior, attitudes, and perceived influences on sexual behavior were coded and systematically analyzed for emergent themes.

Blake, S.M., Ledsy, R., Lehman, T., Goodenow, C., Sawyer, R., & Hack, T. (2001). Preventing Sexual Risk Behaviors Among Gay, Lesbian, and Bisexual Adolescents: The Benefits of Gay-Sensitive HIV Instruction in Schools. *American Journal of Public Health*, 91: 940-946.

This study compared sexual risk behaviors of gay, lesbian, and bisexual (GLB) and heterosexual adolescents and evaluated associations between gay-sensitive HIV instruction and risk behaviors of GLB youths.

Engle, L. (1998). When HIV is Kid Stuff. *The Body Positive*. 11(2).

An overview of children who are HIV positive and what daily life is like with medications, doctor visits, and school.

Human Rights Watch. (2001). Hatred in the Hallways: Violence and Discrimination Against Lesbian, Gay, Bisexual, and Transgender Students in U.S. Schools. *American Journal of Health Education*, 32: 302-306.

Based on in-depth interviews with 140 youth and 130 teachers, administrators, counselors, parents, and youth service providers in seven states, this report offers the first comprehensive look at the human rights abuses suffered by lesbian, gay, bisexual, and transgender students at the hands of their peers.

Lock, J., and Steiner, H. (1999) Relationship Between Sexual Orientation and Coping Styles of Gay, Lesbian, and Bisexual Adolescents from a Community High School. *Journal of the Gay and Lesbian Medical Association*, 3(3): 77-82. **RL**

Gay, lesbian, and bisexual (GLB) adolescents have been reported to be at increased risk for a variety of physical and emotional illnesses compared to heterosexual youths. We report on the coping style of 106 self-identified GLB high school students from a total of 1769 high school students who completed an anonymous health risk questionnaire that included specific questions related to coping style.

Rutter, P.A., and Soucar, E., (2002). Youth Suicide and Sexual Orientation. *Adolescence*. 37(summer 2002) 289-99.

The purpose of this study was to assess suicide risk in a nonclinical sample of adolescents of homosexual, bisexual/questioning, and heterosexual orientation, and to investigate the potential relationship between sexual orientation and suicidal behavior.

Shelby, L. (2003). Youth First: An Integrated Sexuality Education Program for Pre-Adolescents. *SIECUS Report*.31(3): 31-32. **RL**

Special issue on integrating teen pregnancy, sexually transmitted disease (STD), and HIV prevention efforts.

Valleroy, L.A., MacKellar, D.A., Karon, J.M., Rosen, D.H., McFarland, W., Shehan, D.A., Stoyanoff, S.R., LaLota, M., Celentano, D.D., Koblin, B.A., Thiede, H., Katz, M.H., Torian,

L.V., & Janssen, R.S. (2000). HIV Prevalence and associated risks in young men who have sex with men. *Journal of the American Medical Association*, 284(2): 198-204.

To investigate the current state of the HIV epidemic among adolescent and young adult men who have sex with men in the United States by assessing the prevalence of HIV infection and associated risks in this population in metropolitan areas.



VIDEOS

AIDS Facts for Kids. 9 minutes. 2003. **RL**

This video discusses the ways HIV/AIDS are transmitted and dispels myths. It explains how the HIV virus affects the immune system. The emphasis is on abstaining from sex, not using drugs, and refraining from activities that mix blood with others.

All God's Children. 25 minute. 1996. **RL**

Moving documentary about gay and lesbian African-Americans and the church, ideal for the mostly African American classroom.

As If It Matters: six stories beneath the surface. 22 minutes. 2001. **RL**

This video created by youth; for youth to address some of the issues GLBTQ youth face in high schools. Nine straight ally and GLBTQ youth wrote, directed, produced, and edited *As If It Matters*. It addresses homophobia, cultural acceptance, body image, relationships, and labels.

The Brandon Teena Story. 85 minutes. 1998. **RL**

Documentary on the life and murder of Brandon Teena, a female-to-male transgendered youth from Lincoln, Nebraska.

Bloodlines: A View into the Souls of HIV+ Youth. 23 minutes. 1999. **RL**

A first person look at HIV positive youth who candidly share their grief, confusion, and hope.

The Celluloid Closet. 102 minutes. 1996. **RL**

This documentary chronicles gay and lesbian images in Hollywood over the last 40 years. Narrated by Lily Tomlin, it features interviews with a number of Hollywood's elite and includes numerous film clips.

Gay Youth. 40 minutes. 1992. **RL**

Explores the emotional strain placed on gay youth by intense feelings of isolation. Adolescence is typically a time of conformity when one needs to feel secure in a peer group.

Lesbian Teenagers in High School. 23 minutes. 1998. **RL**

Features interviews with a racially diverse group of lesbian young women ages 15-19 as well as a teacher who advises a Gay-Straight Alliance. They discuss hurtful and supportive experiences with teachers and fellow students. They touch upon issues specific to African-American young women.

SPEAK UP! Improving the Lives of Gay, Lesbian, Bisexual, & Transgendered Youth. 30 Minutes. 2001. **RL**

Explores what gay, lesbian, bisexual and transgender (GLBT) students and their allies have done to transform their schools into safer and more welcoming environments. Interviews with students, parents, teachers, administrators and national activists (Judy Shepard, Danny and Julie from MTV's *Real World New Orleans*).

Straight From the Heart. 24 minutes. 1995.

A moving account of parents' struggle with homophobia when they learn that a child is lesbian or gay.

When a Kid is Gay. 60 minutes. 1995. **RL**

The teen years are full of turmoil for most, but particularly for gays and lesbians. This film, shot in malls, high schools, and fast food restaurants, chronicles the struggles as well as the support a group of Worcester, Massachusetts's youth have found.



PAMPHLETS & BROCHURES

Bisexuality: Some Questions Answered. [Pamphlet]. Boston, MA: Bisexual Resource Center, 2000.

I Think I Might Be Bi (Now What Do I Do?). [Pamphlet]. Boston, MA: Bisexual Resource Center, 2000.

I think I Might Be Gay, Now What Do I Do? [Pamphlet]. Washington D.C. Advocates For Youth, 2000.

I Think I Might Be A Lesbian, Now What Do I Do? [Pamphlet]. Washington D.C. Advocates For Youth, 2000.

Lesbians and HIV: Are You at Risk? [Pamphlet]. Santa Cruz, CA: Journeyworks Publishing, 1998. **RL**

Myths About Bisexuality. [Pamphlet]. Boston, MA: Bisexual Resource Center, 2002.

Respecting Others: What You Can Do to Stop Gay Bashing. [Pamphlet]. Santa Cruz, CA: Journeyworks Publishing. 1998.

Ten Good Ways to Protect Yourself From HIV and AIDS. [Pamphlet]. Santa Cruz, CA: Journeyworks Publishing. 1998.

What Does it Mean to Be Gay, Lesbian, Bisexual, or Transgender? [Pamphlet]. Santa Cruz, CA: Journeyworks Publishing. 1998.

Young and Gay: Protect Yourself From HIV. [Pamphlet]. Santa Cruz, CA: Journeyworks Publishing 1998. **RL**



COMMUNITY RESOURCES

Associated Physicians Group
AIDS/HIV and STD Testing
Columbus, OH
1-800-450-3980
Call for Nearest Location

By All Means Bi
The Ohio State University
Ohio Union
1739 N High St
Columbus, OH 43210
614-292-6200

Columbus AIDS Task Force
1751 E. Long Street
Columbus, OH 43203
614-299-2437

Columbus Children's Hospital
Family AIDS Clinic and Educational Services
700 Children's Dr. Room 6072
Columbus, OH 43205
614-722-6060

Columbus Health Department
240 Parsons Ave
Columbus, OH 43215
614-645-7772

Crossport Cincinnati
Gender Support Group
P.O. Box 1692
Cincinnati, OH 45201
513-919-4850

David's House of Compassion
P.O. Box 391
Toledo, OH 43697
419-244-6822

Gay, Lesbian, and Bisexual Student Services Office
Ohio State University
Room 340, Ohio Union
1739 North High St
Columbus, OH 43210
614-292-6200

Gay and Lesbian Youth Group
Columbus, OH
614-299-7764

Kaleidoscope Youth Coalition
P.O. Box 8104
Columbus, OH 43201
614-294-7886
www.kaleidoscope.org

Lesbian Gay Community Center of Greater Cleveland
6600 Detroit Ave
Cleveland, OH 44102
216-651-LGBT(5428)
1-888-GAY-8761
www.lgcsc.org

Medical Screening Services
Nationwide Rapid HIV/STD Screening
3275 Sullivant Ave
Columbus, OH 43204
1-888-516-3342

Ohio AIDS/HIV/STD Hotline
1-800-332-2437

Parents, Families, and Friends of Lesbians and Gays
P.O. Box 5571

Lima, OH 45390
419-222-4954

Phoenix Pride
2765 Cleveland, Ave
Columbus, OH 43224
614-444-0800

Protecting Our Youth
AIDS Foundation of Miami Valley
211 South Main Street
Dayton, OH 45402
Phone: 937 461-2437
E-mail: info@afmv.org

Rainbow Area Youth
P.O. Box 12415
Toledo, OH 43606
419-327-8686
E-mail toledoray@toledoray.org
www.toledoray.org

Stonewall Columbus
1160 North High St
Columbus, OH 43201
614-299-7764
www.stonewall-columbus.org

Union County AIDS Task Force
Marysville, OH 43040
937-642-0801

Youth Quest
P.O. Box 3721
Dayton, OH 45402
937-640-3333
E-mail youthquestdayton@hotmail.com